

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location The Inn Lower Level = LL Café = C Lobby = L Washington's Tavern = WT Fitness Center = FC Terrace Room = TR Watermark University Room = WUR Art Room = AR Channel 1973 = announcements</p>	<p>10:00 On this Day in History (C) 10:00 Sudoku with Lou (C) 10:30 Praying the Rosary (WT) 10:30 Simple Weight Training (FC) 12:00 Cornucopious Farm Market Monday(12-2)(WUR) 12:45 Pinochle club (WT) 1:00 Let's Get Creative - guided painting (TR) 2:00 B-I-N-G-O (LL) 3:00 Sip and Draw (WT)</p>	<p>10:00 Shopping trip to Shop Rite (L) 10:30 Sit and Stretch (FC) 11:15 Trivia Tuesdays (CA) 1:00 Crossword Club (LL) 2:00 Craft Hour - Patriotic nails (TR) 3:00 Guided Meditation (WT) 3:30 Wine Tasting with Senior Helpers (TR) 6:00 WU: Tech Assistance (C)</p>	<p>9:30 News with your brews (C) 10:00 Bible Study (WT) 10:00 Bird Watching (WUR) 11:00 Relax and listen - Jill reads (LL) 11:00 Yoga and Balance with Lana (FC) 1:00 Brain Cafe' (WUR) 2:00 Phase 10 (LL) 2:30 Comedy Show with Glen (WUR) 3:30 Maggie Moos Ice Cream Truck (L)</p>	<p>12:00 FOURTH OF JULY BBQ WITH GAMES!</p>	<p>9:30 New York Times' Games (C) 10:00 BRAC Meeting (WT) 10:30 Tai Chi Class (FC) 11:30 WU: Discovering Podcasts (WUR) 1:00 Bellingham Choir Practice (C) 1:00 Book Club - "Educated" by Tara Westover (WT) 2:30 Happy BIRTHDAY Happy Hour! with Vincent Romano! (C)</p>	<p>10:45 Gardening Club (L) 11:30 Patio, Popcorn and Corn Hole (WA) 1:00 Watercolor Painting with Patti (TR) 2:00 B-I-N-G-O (LL) 3:00 Bridge Club (TR) 3:00 I love you day! Create and send a card! (TR)</p>
<p>9:00 Ride to Sts. Peter and Paul Parrish (L) 11:00 Communion with Eucharistic Ministers (WUR) 11:30 Exercise with Olga (FC) 1:30 Guided Meditation (WT) 1:30 Let's Play Phase 10! (LL) 2:00 Ice Cream Social (LL)</p>	<p>10:00 On this Day in History (C) 10:00 Sudoku with Lou (C) 10:30 Praying the Rosary (WT) 10:30 Simple Weight Training (FC) 11:15 Your Wish of a Lifetime! Let us make your wish come true! (WUR) 12:45 Pinochle club (WT) 1:00 Let's Get Creative - learn origami (TR) 2:00 B-I-N-G-O (LL) 3:00 Mojito Monday and Draw (WT)</p>	<p>10:00 Shopping trip to Giant/Dollar Tree (L) 10:30 Sit and Stretch (FC) 11:15 Trivia Tuesdays (CA) 1:00 Crossword Club (LL) 2:00 Craft Hour - Sunprinted Bookmarks (TR) 3:00 Guided Meditation (WT) 6:00 WU: Tech Assistance (C)</p>	<p>9:30 News with your brews (C) 10:00 Bible Study (WT) 10:00 Bird Watching (WUR) 11:00 Relax and listen - Jill reads (LL) 11:00 Yoga and Balance with Lana (FC) 1:00 Brain Cafe' (WUR) 1:00 Meet your Health Pro Heritage Physical Therapy Team (WUR) 2:00 National Be a Kid Day! (C) 2:00 Phase 10 (LL) 3:00 Water Ice Wednesday with VR (LL) 4:00 Ladies' Night Out - Ashley's Restaurant (L)</p>	<p>10:00 Trip to Target (L) 10:30 Indoor Gardens Care (DRATR) 11:15 Fitness Mirror Class (FC) 1:00 Ask a Nurse - Covenant Home Healthcare (LL) 1:00 Tea and Scones (TR) 2:00 B-I-N-G-O (LL) 3:00 Bellingham Players - Rehearsal (LL) 3:00 Jeopardy (LL) 6:00 Crochet for a Cause (or knit) (CA)</p>	<p>9:30 New York Times' Games (C) 10:30 Tai Chi Class (FC) 11:30 WU: Foods Around the World - Italy (WUR) 1:00 Bellingham Choir Practice (C) 1:00 Book Club - "Educated" by Tara Westover (WT) 2:30 Happy Hour with Bob Stankard (C)</p>	<p>10:45 Gardening Club (L) 11:30 Patio, Popcorn and Corn Hole (WA) 1:00 Watercolor Painting with Patti (TR) 2:00 B-I-N-G-O (LL) 3:00 Bridge Club (TR) 3:00 Discussion Group - Our favorite solo artists (TR)</p>
<p>9:00 Ride to Sts. Peter and Paul Parrish (L) 11:00 Communion with Eucharistic Ministers (WUR) 11:30 Seated Beachball Volleyball (FC) 1:30 Guided Meditation (WT) 1:30 Let's Play Phase 10! (LL) 2:00 Ice Cream Social (LL)</p>	<p>10:00 On this Day in History (C) 10:00 Sudoku with Lou (C) 10:00 Trip to Valley Forge Casino (L) 10:30 Praying the Rosary (WT) 10:30 Simple Weight Training (FC) 11:00 Alzheimer's Support Group (WT) 11:15 WU: Art Appreciation lecture, Martin Bradfield returns (WUR) 12:45 Pinochle club (WT) 1:00 Let's Get Creative - aromatherapy sachets (TR) 2:00 B-I-N-G-O (LL) 3:00 Sip and Draw (WT)</p>	<p>10:00 Shopping trip to Wegmans (L) 10:30 Sit and Stretch (FC) 11:15 Trivia Tuesdays (CA) 1:00 Crossword Club (LL) 2:00 Town Hall Meeting (WUR) 3:00 Guided Meditation (WT) 6:00 WU: Tech Assistance (C)</p>	<p>9:30 News with your brews (C) 10:00 Bible Study (WT) 10:00 Bird Watching (WUR) 11:00 Relax and listen - Jill reads (LL) 11:00 Yoga and Balance with Lana (FC) 1:00 Brain Cafe' (WUR) 2:00 Ceramics Club (TR) 2:00 Phase 10 (LL) 3:00 Water Ice Wednesday with VR (LL) 6:15 Casino Night (WUR)</p>	<p>10:00 Shopping trip to Walmart (L) 10:30 Indoor Gardens Care (DRATR) 11:15 Fitness Mirror Class (FC) 1:00 Ask a Nurse - Covenant Home Healthcare (LL) 1:00 Tea and Scones (TR) 2:00 B-I-N-G-O (LL) 2:00 Dining Committee Meeting (DR) 3:00 Bellingham Players - Rehearsal (LL) 3:00 Jeopardy (LL) 6:00 Crochet for a Cause (or knit) (CA)</p>	<p>8:00 CELEBRATE PENNSYLVANIA DAY WITH US ALL DAY! 9:30 New York Times' Games (C) 10:30 Tai Chi Class (FC) 11:30 WU: Discovering Artificial Intelligence (WUR) 1:00 Bellingham Choir Practice (C) 1:00 Book Club - "Educated" by Tara Westover (WT) 2:30 Pennsylvania Day Happy Hour! (C)</p>	<p>10:45 Gardening Club (L) 11:30 Patio, Popcorn and Corn Hole (WA) 1:00 Watercolor Painting with Patti (TR) 2:00 B-I-N-G-O (LL) 3:00 Bridge Club (TR) 3:00 Discussion Group - The value of different music genres (TR)</p>
<p>9:00 Ride to Sts. Peter and Paul Parrish (L) 11:00 Communion with Eucharistic Ministers (WUR) 11:30 Chair yoga (FC) 1:30 Guided Meditation (WT) 1:30 Let's Play Phase 10! (LL) 2:00 Ice Cream Social (LL)</p>	<p>10:00 On this Day in History (C) 10:00 Sudoku with Lou (C) 10:30 Praying the Rosary (WT) 10:30 Simple Weight Training (FC) 12:00 Cornucopious Farm Market Monday (WUR) 12:45 Pinochle club (WT) 1:00 Let's Get Creative - baseball hat decorating (TR) 2:00 B-I-N-G-O (LL) 3:00 Sip and Draw (WT)</p>	<p>10:00 Shopping trip to Giant/CVS (L) 10:30 Sit and Stretch (FC) 11:15 Trivia Tuesdays (CA) 12:30 GRACE WINERY TASTING TRIP (L) 1:00 Crossword Club (LL) 2:00 Craft Hour - Folded Fan Decorating (TR) 3:00 Guided Meditation (WT) 6:00 WU: Tech Assistance (C)</p>	<p>9:30 News with your brews (C) 10:00 Bible Study (WT) 10:00 Bird Watching (WUR) 11:00 Relax and listen - Jill reads (LL) 11:00 Yoga and Balance with Lana (FC) 12:30 PHILLIES GAME WATCH AT PJ WHELHANS! (L) 2:00 Ceramics Club (TR) 2:00 Phase 10 (LL) 3:00 Water Ice Wednesday with VR (LL)</p>	<p>10:00 Shopping trip to the Amish Market (L) 10:30 Indoor Gardens Care (DRATR) 11:00 Lemonade Stand (L) 11:15 Fitness Mirror Class (FC) 1:00 Ask a Nurse - Covenant Home Healthcare (LL) 1:00 Tea and Scones (TR) 2:00 B-I-N-G-O (LL) 3:00 Bellingham Players - Rehearsal (LL) 3:00 Jeopardy (LL) 6:00 Crochet for a Cause (or knit) (CA)</p>	<p>9:30 New York Times' Games (C) 10:30 Tai Chi Class (FC) 11:30 WU: Ten things (WUR) 1:00 Bellingham Choir Practice (C) 1:00 Book Club - "Educated" by Tara Westover (WT) 1:00 Making Guacamole on AVOCADO DAY! (TR) 1:30 Resident Art Show - On display all evening (L) 2:30 Happy Hour with Greg Albert! (C)</p>	<p>10:45 Gardening Club (L) 11:30 Patio, Popcorn and Corn Hole (WA) 1:00 Watercolor Painting with Patti (TR) 2:00 B-I-N-G-O (LL) 3:00 Bridge Club (TR) 3:00 Discussion Group - Great Bands through time (TR)</p>
<p>9:00 Ride to Sts. Peter and Paul Parrish (L) 11:00 Communion with Eucharistic Ministers (WUR) 11:30 Exercise with Olga (FC) 1:30 Guided Meditation (WT) 1:30 Let's Play Phase 10! (LL) 2:00 Ice Cream Social (LL)</p>	<p>10:00 On this Day in History (C) 10:00 Sudoku with Lou (C) 10:30 Praying the Rosary (WT) 10:30 Simple Weight Training (FC) 12:45 Pinochle club (WT) 1:00 Let's Get Creative - river rock painting (TR) 2:00 B-I-N-G-O (LL) 3:00 Sip and Draw (WT)</p>	<p>10:00 Shopping trip to Wegmans (L) 10:30 Sit and Stretch (FC) 11:15 Trivia Tuesdays (CA) 1:00 Crossword Club (LL) 2:00 Craft Hour - Sunprinted t-shirts (TR) 3:00 Guided Meditation (WT) 6:00 WU: Tech Assistance (C)</p>	<p>9:30 News with your brews (C) 10:00 Bible Study (WT) 10:00 Bird Watching (WUR) 11:00 Relax and listen - Jill reads (LL) 11:00 Yoga and Balance with Lana (FC) 1:00 Brain Cafe' (WUR) 2:00 Ceramics Club (TR) 2:00 Phase 10 (LL) 3:00 Water Ice Wednesday with VR (LL) 6:15 NIGHT TIME BINGO! (LL)</p>			<p>Activity Type</p> <ul style="list-style-type: none"> ● Body ● Community ● Entertainment ● Mind ● Outing